

New Paltz Middle School / Lunch

OCTOBER 2023

Mon 2	Tue 3	Wed 4	Thu 5	Fri 6
Chicken Nuggets Ketchup-pc BBQ Sauce-pc Brown Rice Seasoned Cauliflower Ham & Cheese Sandwich (alternate)	Penne Pasta w/Meatballs French Bread Steamed Carrots Tuna Salad Sandwich (alternate)	French Toast Sticks Sausage Patty Hash Brown Patty Chicken Salad Sandwich (alternate)	Grilled Cheese Alt. Grilled Cheese w/Ham Tomato Soup Black Bean Salad Roast Beef & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 9	Tue 10	Wed 11	Thu 12	Fri 13
Indigenous People's Day- No School	Sweet & Sour Chicken Asian Vegetables Brown Rice Bologna & Cheese Sandwich (alternate)	Breadstick Marinara Sauce Mozzarella Sticks Baby Carrots Turkey Salad Sandwich (alternate)	Soft Taco w/meat and cheese Salsa Sour Cream pc Red Bean Salad Seasoned Corn Egg Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Ranch Dressing Juice-Assorted Salami and Cheese Sandwich (alternate)
Mon 16	Tue 17	Wed 18	Thu 19	Fri 20
Chicken Tenders Ketchup-pc BBQ Sauce-pc Brown Rice Ham & Cheese Sandwich (alternate)	Cheeseburger Alt-Veggie Burger Crinkle Cut French Fries Baby Carrots Tuna Salad Sandwich (alternate)	Baked Ziti Peas French Bread Chicken Salad Sandwich (alternate)	Chicken Fajita Black Bean & Corn Salad Roast Beef & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 23	Tue 24	Wed 25	Thu 26	Fri 27
Chicken Nuggets Ketchup-pc BBQ Sauce-pc Dinner Roll Mashed Potatoes Salami and Cheese Sandwich (alternate)	Macaroni and Cheese Mixed Vegetables 3 Bean Salad Bologna & Cheese Sandwich (alternate)	Chicken Ranch Sandwich Sweet Potato Fries Egg Salad Sandwich (alternate)	Mozzarella Grilled Cheese Marinara Sauce Broccoli Turkey Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Ranch Dressing Juice-Assorted Ham & Cheese Sandwich (alternate)
Mon 30	Tue 31			
Chicken Tenders BBQ Sauce-pc Ketchup-pc Rice Pilaf Green Beans Roast Beef & Cheese Sandwich (alternate)	Breakfast Burrito Sausage Egg and Cheese Tater Tots Chicken Salad Sandwich (alternate)			

Menu Subject to Change

Condiments BBQ Sauce-pc - Ketchup-pc - Mayo-pc - Mustard-pc - Honey Mustard - Ranch Dressing - Italian Dressing - Frank's Hot Sauce

Milk Milk-1% - Milk-Chocolate - Milk-Fat Free

Fruit Apple - Apple Juice 4oz Carton - Apple Slices-packaged - Applesauce - Banana - Blueberries-Frozen - Cantaloupe - Fruit Cocktail-Canned - Fruit Punch Juice 4 oz Carton - Grape Juice 4oz Carton - Honeydew Melon - Mixed Berries-Frozen - Orange - Orange Juice 4 oz carton - Peaches-Canned - Pear - Pears-Canned - Pineapple-Canned - Plums - Strawberries-Frozen

MS-Alternate Entrees Chicken Cutlet Sandwich - Italian Combo (alternate) - Hamburger - Cheeseburger - Peanut Butter and Jelly Sandwich

Secondary Breakfast(\$2.55)

Secondary Lunch(\$3.55)

Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/NewPaltzMiddleSchool>

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